

## ***Powering Up The Earth Grid***

We are moving towards a time on the planet when it will be critical for humanity to live in harmony with each other as well as with this sweet Earth. The first question that comes to mind is - how can we actively co-create this **New Golden Era of Peace** with our planet? One of the main reasons for our existence is to be the physical extensions of spirit walking the planet. Let me share with you a practical physical and metaphysical way in which this can be done.

First a little bit of background to introduce our activity of light:

The sacred text, *The Keys of Enoch*, refers to a time to come (I believe very soon) when there will emerge twelve power spots across the globe, which will be centres for "Academies or Cities of Light". As these centres develop and grow, others will emerge, until eventually critical mass will be reached and the entire planet will shift into another quantum level of vibration, taking us beyond disease, poverty and starvation.



According to *The Keys of Enoch*, one of those twelve power centres is on **Vancouver Island** and so I decided to do some research on the land itself looking at the specific longitude given and the geometry involved. It didn't take long to discover that the Island has **perfect sacred geometrical proportion**.

From the northern most tip at Cape Scott to the southern most point, exiting out through Esquimalt Harbour, is a ley line which measures exactly **444km** in length.

The half-way point is amongst the peaks of Strathcona Park at the **222km** mark. Measured at right angles across the full width of the island emerging near Campbell River in the east is a distance of **111km**! Nature gives us her answers if only we know where to look for them.

This ley line is the precise backbone of the Island carrying its energetic blueprint. We also found that evenly spaced along this spine lie the seven chakras of the island. But now that we recognize the land at a more profound level, how can we demonstrate our connection to our sacred homeland with full intention, integrity and unconditional love?

This is what we chose to do:

A group meditation was held at sunset at Saxe Point in Esquimalt, so that we could view the sunset and set our intention along the backbone ley line of the Island. The weather

was perfect, as we invoked the **four elements**; sitting on the **earth**, with the **sun** shining, a gentle misty **rain** falling and a brisk **breeze** blowing off the ocean.

Our intention was to reflect the powerful energies coming through the portal of the sun from the Galactic Centre and redirect them up the Island, consciously activating both ourselves and the land. We sat looking out over the base chakra of the Island at Fort Rodd Hill, while focusing attention on our own base chakra. We then simultaneously moved the energy up the body through our own chakras and those of the Island.

From the base at **Fort Rodd Hill** we moved up to the sacral in the body and over **Lake Cowichan**, the solar plexus over **Sproat Lake** and the heart chakra deep in the mountains of **Strathcona Park**, the throat near **Rugged Mountain, Woss**, the brow chakra over **Victoria Lake**, with the crowning glory over **Cape Scott**.



Having raised the kundalini from base to crown in both our bodies and the Island, we then began the **Descent of the Dove** of the Holy Spirit from the crown down to the heart. It is in the heart that the distillation process takes place; the steady rise and fall of energy necessary to purify and refine before gently allowing the Dove to descend down to the base chakra.

It is this two way path that ultimately brings about purification of the energy systems of the planet and the person in meditation ultimately leading to enlightenment. A beautiful meditation carried out in an atmosphere of love, honour and integrity. All the while a beautiful cloud formation in front of us shape shifting into different representative totems including an image of the Island itself!

Having done the intentional work on the etheric planes, it then becomes necessary to anchor those energies and intentions in to the physical, which requires physically traveling to the actual chakra points in order to activate and fully ground the energy.

A number of alternative methods can be used to accomplish this: Some people bury crystals, some tone, drum or just set the intention through the body connecting the heart through the soles of the feet to the earth. It is not necessary to go to a named spot, but to intuitively find a place in the vicinity that resonates with you and feels right. In our process, each chakra point was gently and lovingly anchored in.

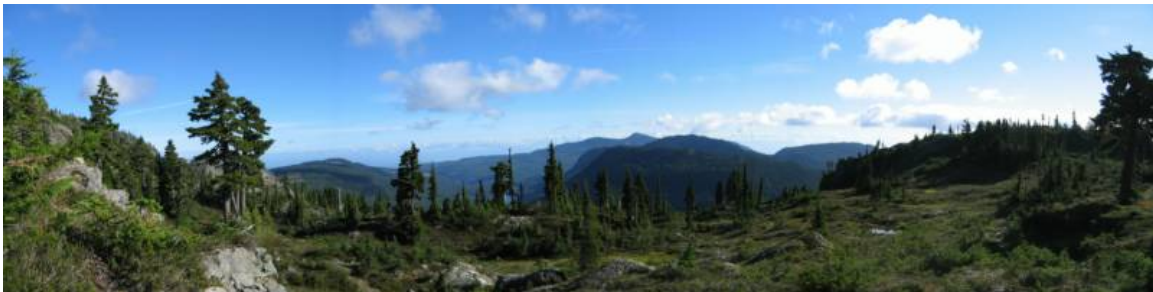
We are blessed to live on such a magnificent, natural Island, the vast majority of which remains unspoilt. In the physical planes - logging roads, hikes and sailing journeys connect us to the elements and the chakra points of this sweet land. Watch for subtle

signs that emerge on your journeys as confirmation. For example, on this trip, at Victoria Lake, as we set the intention on the shore, the exact weather conditions presented themselves as during our meditation at Saxe Point: sun shining, gentle misty rain and a brisk wind blowing off the lake. The elements were just letting us know that all was well and the work has already been done.

Now we wait to see how our Island will respond to this activation of the Earth's etheric body. As the planet shifts in vibration and consciousness, it will be vitally important that we shift with it. We need to upgrade our own energy systems, which can be achieved through meditation and sound work, aligning our hearts with the Earth, through the soles of our feet always with integrity and love.

If any of you have had interesting metaphysical or synchronistic experiences in any of the Vancouver Island chakra centres mentioned in this article, please let me know by writing to [descendingdove@gmail.com](mailto:descendingdove@gmail.com)

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Pristine Vancouver Island